

The race is a 5 kilometer run, a 20 kilometer bike- featuring a full loop of scenic Presque Isle, followed by another 5 kilometer run beginning at **7:00 a.m. on Sunday, July 31, 2011** (Discover Presque Isle weekend). This year's race will start and end at the Beach 11 parking lot. The bike race will take place on the park's main road with one lane closed to traffic.

Each participant will receive a high-quality race premium. **Pre-registration deadline is Monday, July 20, 2010.** Entries after July 11 must register on www.active.com. Day-of-race registrations will be accepted at a cost of \$60. per entrant. For more information, or to volunteer, contact Tom Toale, tm.toale@gmail.com (814-392-4465)

Race Information:

- Race application may be submitted as follows:**
On-line via www.active.com (credit card)
or
Download / print out the race application @ discoverpi.com
- Race packet pick up at the Tom Ridge Environmental Center, 301 Peninsula Drive on Saturday, July 30, 4-6PM. Late Duathlon entries will be accepted at this time. (\$60)**
- Race entry fees are non-refundable and are the property of Presque Isle Partnership. The race will not be rescheduled if cancelled due to unsafe road conditions. Premiums will not be sent to no-shows.**
- Bike riders must wear ANSI approved helmets during the entire bike ride segment of the race. PARTICIPANTS MUST BE WEARING HELMETS BEFORE EXITING THE TRANSITION AREA.**
- The race course will not be completely closed to auto, pedestrian or bicycle traffic. Participants must be alert at all times.**
- Bikers must ride in the designated lane with the traffic flow. Crossing into the other lane may result in disqualification.**
- Cash awards will be presented to Overall 1st, 2nd, & 3rd (M/F) & Master (M/F) Winners. Age Group and Relay Team winners will receive Texas Roadhouse Gift Cards.**



5K - 20K - 5K



21st Annual Erie Times-News Discover Presque Isle Duathlon
 Sunday, July 31, 7AM

Entry Form/Waiver

Name _____

Address _____

City/State/Zip _____

Phone Number _____

Date of Birth _____

Email address _____

Age _____ Gender (circle one): Male / Female

Race Categories (Check one)

Under 20 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60+

Check one

Open (\$40 - Postmarked by 7/20, \$50 - after 7/20) (\$35 - PIP members)

Relay (\$60- Postmarked by 7/20, \$70 - after 7/20) / Team
 Male Relay Female Relay Mixed

Relay Team Name _____

Other Team Member _____

Each team member must submit an application and waiver form.

Total Amount Enclosed \$ _____

Reminder: Start Time - 7AM

Please make checks payable to Presque Isle Partnership.

ALL PROCEEDS BENEFIT PRESQUE ISLE STATE PARK
All participants must submit an entry form and waiver
 (reverse side).

Mail completed form and check or money order to:

Presque Isle Partnership, c/o Duathlon
 301 Peninsula Drive, Suite #2, Erie, PA 16505

Thanks to the race sponsors...

Erie Times-News

Erie Runners Club, Inc.



UPMC HEALTH PLAN

STANDARD ACKNOWLEDGMENT, WAIVER AND RELEASE FROM LIABILITY ALL ATHLETES MUST READ AND SIGN. PLEASE READ CAREFULLY BEFORE SIGNING THIS ACKNOWLEDGEMENT, WAIVER AND RELEASE FROM LIABILITY (AWRL).

I acknowledge that a triathlon or bi-sport event is an extreme test of a person's physical and emotional limits and carries with it the potential for death, serious injury and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN TRIATHLONS OR BI-SPORT EVENTS, specifically, I assume the risk of participating in the Discover Presque Isle Duathlon. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical professional. I hereby take the following actions for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) I AGREE to abide by the rules and regulations of this event; b) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from Discover Presque Isle Duathlon, THE FOLLOWING PERSONS OR ENTITIES: Times Publishing Company, Erie Runners Club, Inc., Presque Isle Partnership, and all other event sponsors, race directors, event producers, volunteers, all states, cities, counties or localities in which event or segments of events are held, and the officers, directors, employees, representatives and agent of all of the above; c) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and d) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during Discover Presque Isle Duathlon I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS.

Printed Name of Entrant

Signature of Entrant

Date

FOR PERSONS UNDER EIGHTEEN (18) YEARS OF AGE, A PARENT OR LEGAL GUARDIAN MUST SIGN THE ABOVE AWRL AND COMPLETE THE FOLLOWING SECTION.

The undersigned, (parent/guardian) the parent and natural or legal guardian of foregoing AWRL for and on behalf of the minor named herein. As the natural or legal guardian for such minor, I hereby bind myself, the minor and our executors, administrators, heirs, next of kin, successors and assigns to the terms of the foregoing AWRL. I represent that I have the legal capacity and authority to act for and on behalf of the minor named herein, and I agree to indemnify and hold harmless the person or entities mentioned in the foregoing AWRL for any claims made or liabilities assessed against them as a result of any insufficiency of my legal capacity or authority to act for and on behalf of the minor in the execution of the foregoing AWRL or in the execution of the Consent. I hereby authorize any licensed physician, emergency medical technician, hospital or other medical or health care facility ("Medical Provider") to treat the minor named herein for the purpose of attempting to treat or relieve any injuries received by said minor arising out of or relating to the Discover Presque Isle Duathlon. I authorize any such Medical Provider to perform all procedures deemed medically advisable in attempting to treat or relieve such injuries. I consent to the administration of anesthesia as deemed advisable to relieve such injuries. I realize and appreciate that there is a possibility of complications and unforeseen consequences in any medical treatment, and I assume any such risk for and on behalf of myself and said minor. I acknowledge that no warranty is being made as to the results of any medical treatment.

Signature of Parent/Guardian Date

NOTE: Parent/Guardian must also sign AWRL above.

301 Peninsula Drive
Suite 2
Erie, PA 16505



Discover Presque Isle 2011: July 29 - 31

Discover Presque Isle is a three day outdoor festival which takes place on the last weekend of July at Presque Isle State Park. It is the primary fundraising event for the Presque Isle Partnership and is renowned for bringing together over a hundred quality food and craft vendors resulting in the area's largest outdoor arts and crafts show. Combined with live music, athletic events, and fun multi-day activities for children and adults of all ages, it is easy to understand why over 100,000 people attend the weekend event each July.

Presque Isle Partnership
in cooperation with *Erie Times-News*

Present the

21st Annual

Discover Presque Isle

Duathlon

Sunday, July 31st, 2011



www.discoverpi.com

Presque Isle State Park, Erie, PA

7:00 a.m. Start: Beach 11

All proceeds benefit Presque Isle State Park